

PREPAREDNESS NOW!

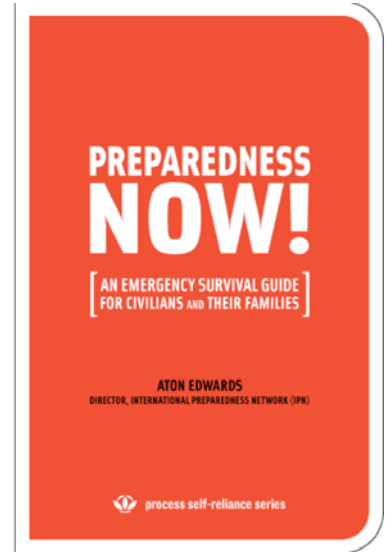
An Emergency Survival Guide
for Civilians and Their Families

by **Aton Edwards**

*The essential emergency preparedness
guide for savvy civilians.*

“Aton’s work is very important. The people must begin to
prepare themselves. This book can help them do it.”

— **Dr. Ken Alibek, author of *Biohazard***



Volume 1 of the Process Self-Reliance series is *PREPAREDNESS NOW!*, a hip guide to help urbanites and suburbanites become more self-reliant and secure in a world where extreme weather, terrorism, and infectious disease have become the new realities of the 21st century. Smartly designed and filled with illustrations, checklists, product recommendations and step-by-step instructions, this manual delivers practical advice on:

- Creating survival emergency kits for home, office and car
- Emergency shelter, power, lighting, and food
- Extreme weather preparedness
- Chemical, bio-warfare, and nuclear preparedness
- Defense against infectious diseases
- Emergency transportation, communications, and evacuation
- Preparing the 21st century home

Author Aton Edwards has worked in disaster preparedness for over two decades and is Executive Director of the NYC-based non-profit organization, *International Preparedness Network (IPN)*. IPN has worked with the Red Cross, Centers for Disease Control and Prevention, the New York City Police Department, and other organizations to train thousands domestically and overseas to prevent and respond to emergencies and disasters.

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